

ORMOND BEACH

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Stephanie Mason-Teague

ORMOND BEACH AUTHOR TO BEGIN LOCAL BOOK TOUR

Ormond Beach resident, blogger and author Stephanie Mason-Teague is launching a local book tour celebrating the release of her new book, "Empty Mess — Rediscovering Life After Kids."

Mason-Teague, who is the executive director of the Ormond Memorial Art Museum, founded EmptyMess.com after she recognized the emotional challenges, and the opportunities, that come once children move out of the family home. According to a press release, EmptyMess.com is a community where Mason-Teague shares experiences, connects with others, and offers guidance on navigating the "empty nest" chapter in life. This is done through weekly stories, a DIY video series and speaking engagements.

"... With a lot of laughter and a few tears, I wrote the stories in this book," Mason-Teague wrote in her book cover. "They helped me remember the happy times, the crazy times ... they got me laughing again, and most of all ... they helped me move on. I hope they can do the same for you."

Mason-Teague's book tour will begin at Fern and Fable with a reading and book signing from 3-7 p.m. on Sept. 7.

On Sept. 18, she will be at Ormond Brewing's Boozy Book Fair from 5-9 p.m.

On Sept. 19, she will be at the Boss Lady Women's Leadership Conference at Daytona Grande from 11 a.m. to 2 p.m.

Finally, she will be at Novel Tea Bookshop from 1-3 p.m. on Sept. 28.